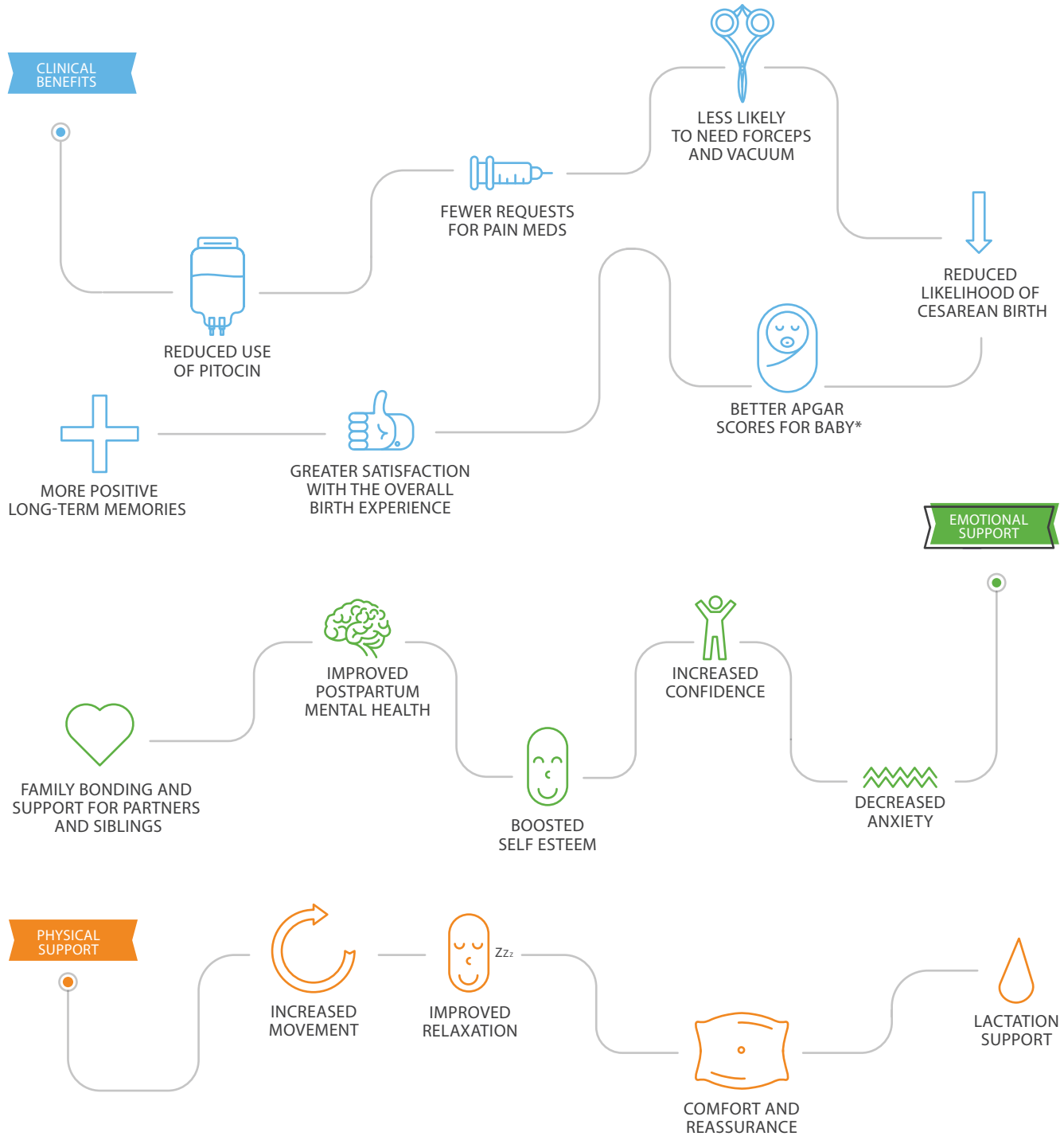


BIRTH & POSTPARTUM DOULAS

EVIDENCE-BASED INFORMATION AND ADVOCACY

- + Assist with planning: help parents make informed choices based on what they value
- + Provide resources: connect families with additional resources and support
- + Facilitate effective communication between families and healthcare team



Hodnett ED. Pain and women's satisfaction with the experience of childbirth: a systematic review. Am J Obstet Gynecol 2002; 186(5) S160-72.

Hodnett ED, Gates S, Hofmeyr G J, Sakala C, Weston J. Continuous support for women during childbirth [PDF]. Cochrane Database Syst Rev 2011, Issue 2.

*Based on clinical research data (outcomes limited to trained doulas – not hospital staff or family/friends)