



A TINY WELLNESS RETREAT.

2 Nights and 2 Days

Package includes lodging, meals, snacks, 4.5 hour self help Jin Shin Class with handouts, coaching, reiki session, meditation and spirit animal readings. Please note that for couple retreats the individual session times will be slightly different. Food menu can be adjusted, please check with Angie so that she can accommodate for any food allergies.

\$675 individual, can also accommodate for a couple \$975.

207.415.0475
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LIGHT TOUCH THERAPY
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MIND . BODY . SPIRIT

